Thank you for registering for the North Attleboro Park and Recreation youth field hockey program.

Practices will run from 5:30-6:30pm on Tuesdays and Sundays 1-2pm. Tuesday practices will begin Tuesday, August 31 and Sunday practices will begin on September 12. Practices will continue until the end of October/beginning of November. Practices may end early closer to the end of the season due to colder temperatures and less daylight. An email will be sent the day of practice if this is to occur. Tuesday practices will take place on the grass field hockey field at North Attleboro High School. The grass field is next to the baseball field as you follow the paved path to Stoddard Drive. Sunday practices will be located at Beaupre Turf Field or the grass field at NAHS. Games will be on Saturdays. Home games are played at either the grass or turf field and away games are no more than 45 minutes away.

Game and practice schedules can be viewed on our team webpage. You will be receiving an invite to join the page by Monday. Please accept the invite in order to stay informed on our season. Communication will be through our webpage and, occasionally, through the North Attleboro Recreation Department. North Attleboro Youth Field Hockey is part of the Commonwealth Field Hockey league which is organized by the Town of Franklin Recreation Department. Communication coming from the team page, including the team page invite, may be sent to your inbox from the Town of Franklin Recreation Department...be on the lookout!

In the event that practices or a game need to be cancelled due to poor weather, an email will be sent out at least a half hour prior to the start of the event. Please keep in mind that pending rain or rain earlier in the day may cause practice to be cancelled due to poor field conditions.

All players need a stick, shin guards, goggles and a mouth guard. No player will be allowed to play without this equipment. Mouth guards will be provided at the first practice but it's a good idea to also have a back up mouth guard to leave in your bag. There are sticks and some goggles available to borrow for the season, as well. Players may choose to wear cleats but these items are not required. Please note that field hockey goggles have a protective bar from the top to the bottom. There is no break in the bar from the top to bottom. Some goggles made for lacrosse are not approved for field hockey. Please see the image below. Players will also be provided a pinnie for practices and games. The pinnies are reversible. Players should wear the red side for away games and the white side for home games. Pinnies should also be worn to practice with a shirt or tank top underneath for easy reversing of the pinnie during practice.

Feel free to contact me with any questions.

Karen Folan

North Attleboro High School Varsity Field Hockey Coach

FIELD HOCKEY GOGGLE



## LACROSSE GOGGLE

