

## NAMS Track & Field Practice Schedule 2024

EVENT	MONTH	DATE	TIME	LOCATION	SHARED FACILITY
Practice	April	29th	4:00pm-6:00pm	NAHS Track	Girls JV 3:45 Varsity LAX 5:15
Practice	May	1st	4:00pm-5:30pm	NAHS Track	Boys JV 3:45 Varsity LAX 5:15
Practice	May	2nd	4:00pm-5:30pm	NAHS Track	
Practice	May	6th	4:00pm-5:30pm	NAHS Track	Boys JV 3:45 Varsity LAX 5:15
Practice	May	8th	4:00pm-5:30pm	NAHS Track	Girls JV 3:45 Varsity LAX 5:15
Practice	May	13th	4:00pm-5:30pm	NAHS Track	Girls JV 3:45 Varsity LAX 5:15
Practice	May	16th	4:00pm-5:30pm	NAHS Track	Girls JV 3:45 Varsity LAX 5:15
Practice	May	22nd	4:00pm-5:30pm	NAHS Track	
Practice	May	29th	4:00pm-5:30pm	NAHS Track	
Practice	June	3rd	4:00pm-5:30pm	NAHS Track	
Practice (if needed)	June	5th	4:00pm-5:30pm	NAHS Track	

## NAMS Track & Field Meet Schedule 2024

EVENT	MONTH	DATE	TIME	LOCATION	OPPONENT
Track Meet	May	14th	4:00 PM	NAHS Track	St. Mary's NA & St Mary's MN, St John's
Track Meet	May	17th	4:00 PM	NAHS Track	Oliver Ames, St. Marys MN, St Marys NA
Track Meet	May	21st	4:00 PM	NAHS Track	King Philip & Walpole
Track Meet	May	24th	4:00 PM	NAHS Track	St. Mary's MN, St. Johns, Stoughton
Track Meet	May	28th	4:00 PM	NAHS Track	Walpole & Oliver Ames
Track Meet	May	31st	4:00 PM	NAHS Track	TBA
Track Meet	June	4th	4:00 PM	NAHS Track	King Philip, St. Mary's NA, Stoughton
Track Meet	June	6th (Make Up)	4:00 PM	NAHS Track	

NAMS Track Google Classroom Code: 5j3ql7h

A link to sign up for the team is in the google classroom on the classwork tab and on the stream.